



Loudonville Christian School

THE EAGLE



"Let the message about Christ, in all its richness, fill your lives. Teach and counsel each other with all the wisdom he gives. Sing psalms and hymns and spiritual songs to God with thankful hearts. And whatever you do or say, do it as a representative of the Lord Jesus, giving thanks through him to God the Father. " **Colossians 3:16-17 (NLT)**



OCTOBER CALENDAR



OCTOBER

- 23-Senior Portrait Make Up Day
- 23-Lunch Orders Due
- 24-Second Grade Field Trip to Loudonville Adult Home,
9:45 am – 11:15 am
- 26-Ministry Day, Grades 9-12(All Day)
- 26-Booster Club Meeting, 4:30 pm.
- 27-Grandparent's Day
- 27-Early Dismissal 11:35 am
- 31-Second Grade Field Trip to Albany Pine Bush,
8:45-12:00 Noon

REMEMBER
FOR THE MOST UP TO
DATE CALENDAR,
CHECK THE LCS
WEBSITE.
[Click Here](#)



ATHLETICS



OCTOBER

**Check for updates on
sectionals on Monday!**

23-Girls' Modified Volleyball @
Chatham, 4:00 pm, DT 3:00 pm,
RT 6:15 pm

26-Girls' Modified Volleyball @
Chatham, 4:00 pm, DT 3:00 pm,
RT 6:15 pm

Please help support LCS by shopping at Colonie Center!

Here's how it works...

Bring your original cash register receipts (within 60 days of purchase) from ANY Colonie Center store OR movie tickets (on-line receipts are NOT accepted) to the Guest Services Desk (located on the lower level of the mall next to Five Guys)

OR

Turn your receipts in to the Main Office and we'll do it for you! and LCS will receive 1 SCHOOL BUCKS POINT for each dollar shown! Thank you for your support!



MODIFIED BOYS BASKETBALL COACH NEEDED

LCS is looking for a boys' modified basketball coach. For more information please contact Coach Johnson at bjohnson@lcs.org.

School pictures and proofs went home with students last week. If you are interested in retakes on November 2, please sign up in the School Office by November 1.



Students who sign up for retakes should bring their pictures or proofs back to school on the day of retakes (November 2)

Shopping at Amazon? [Click here to start shopping](#) – all of the shopping is the same for you but LCS will receive 0.5% of eligible purchases made through Amazon. Thank you for your support!

Support
Loudonville Christian
School.

When you shop at smile.amazon.com,
Amazon donates.

[Go to smile.amazon.com](https://smile.amazon.com)

amazonsmile

Congratulations to Seamus Madden (9th) on starring in the lead role as Robin in Robin Hood and the Good (& Bad) Fairies of Nottingham at the Steamer 10 Theatre in Albany!

[Click here](#) to find more information about the show or to buy tickets.



GRANDPARENTS' DAY INFORMATION

CALLING ALL BAKERS



We will be celebrating our children and their Grandparents/Grandfriends here at LCS on Friday, October 27 at 8:30 am. We would like to bless our guests with breakfast goodies (breads, muffins, bagels and fruit). If you can help out by either baking or purchasing these items [please sign up here](#) or contact Amy Thiel at athiel@lcs.org at 518-434-6051.

GRANDPARENTS DAY CHAPEL

Grandparents' Day is a special day here at LCS and we want to make sure you look the part! Please remember to dress up for our special Grandparents/Grandfriends.

Students are expected to wear specific attire. Gentlemen: Dress pants and belt, button up dress shirt tucked in with a tie or bowtie. Dress shoes or clean appropriate footwear must be worn. (PreK and K - Ties are optional) Ladies: Dress pants, dresses and skirts no shorter than 2 inches above the top of the knee while standing.

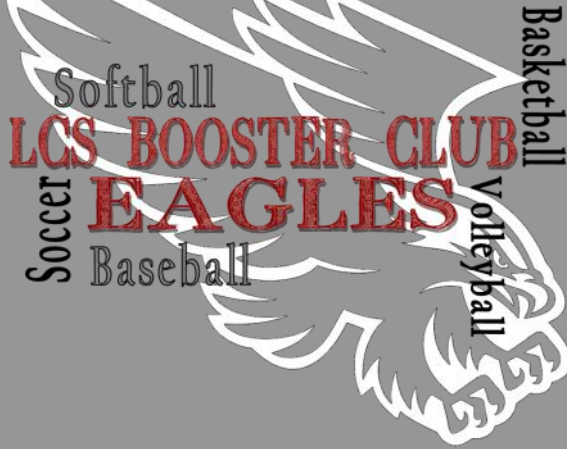


TRANSPORTATION FOR 1/2 DAY OF SCHOOL



Grandparents Day will be our first early dismissal of this school year. Most districts will provide transportation for 1/2 days. One exception we are aware of is Schodack School District. If you have any questions please contact your district's transportation department.

Booster Club Meeting



The LCS Booster Club's official Kick-Off Meeting will take place at 4:30 pm on Thursday, October 26. Plan on joining us as we outline our goals and develop ways to meet them. Parents of students in all grade levels are encouraged to attend. If you are unable to attend but still want to be a part of the Booster Club or have any questions, please contact Brian Johnson at bjohnson@lcs.org.

School banking is under way! Helping students learn to save!

CAP COM has partnered with Loudonville Christian School to offer School Banking and promote financial literacy. School Bankers receive a welcome kit including a t-shirt, deposit pouch, and savings register. They also get to earn prizes for every fifth deposit! The deposits are collected on specified days by volunteers at the schools, and deposited into your child's account.



CAP COM will help raise money for your school by donating \$10 to your PTA/PTO for each new School Banker¹ enrolled between Sept. 1 and Oct. 31.

Along with learning to save money, your student can earn up to \$60 a year for reading and report cards.²

Open your student's account with as little as \$1 and let them watch their savings grow. New School Bankers receive a Welcome Kit, including a deposit bag, t-shirt and savings register. They'll even earn prizes for every fifth deposit!

Open your child's account today!

- Apply online at www.capcomfcu.org/schoolbanking
- Email schoolbanking@capcomfcu.org
- Call (518) 458-2195 ext. 4656
- Visit any branch

- How does my child benefit?
Kids start early. Children learn the value of saving and form good financial habits
- Students earn money. Kids can earn up to \$60 with our Great Grades and Reading Programs*
- Fun contests, cool prizes. School Bankers can earn prizes for making deposits
- Coins add up! Every CAP COM branch has a FREE coin machine to turn members' coins into cash
- Scholarship opportunities. CAP COM offers numerous scholarships and awards to both students and educators
- Money for your school. With our PTA/PTO Cash Incentive, schools can earn money for new accounts
- Getting your child started with School Banking is simple. Complete the Youth Membership Application for your child at a nearby CapCom



Have your child pick up a membership application here at school! School banking will take place during lunch on the following Fridays:

10/20 11/3 11/17 12/1 12/15

1. CAP COM donates \$10 to your PTA/PTO for each new School Banker enrolled between Sept. 1 and Oct. 31.
2. Must be a CAP COM member with an active account to participate in these programs. An active youth account is one where a deposit or transfer is made within a 12-month period.
Please note: School Banking is a program of CAP COM and is not a financial product or service. CAP COM is not a bank.

YANKEE CANDLE®

America's best *loved* candle™

LCS is selling Yankee Candles online through October 30th. All funds will be going to a variety of student life events for Prek – 12th grade (Pep Rallys, Talent Show, Spirit Weeks, etc.). For each sale LCS will receive 40%.

If you would like to purchase items from Yankee Candle, please follow these instructions:

- Visit yankeecandlefundraising.com
- Enter the Group Number: 990055326
- Click "start shopping"

Anything you purchase will be shipped to the address you provide.

We are grateful for your support!



SOCKTOBER

SOCKTOBER

bring in **new** socks during
the month of october



your socks help hurricane victims

LCS is collecting donations of new socks to send to victims of hurricane Maria in Puerto Rico. We are really excited to have the opportunity to help out in a practical way. Our hope is to send 500 pairs to help with hurricane relief! Please send in socks donations that are "fitting" for the Puerto Rican climate. We appreciate any way that you can help!

Invite a friend to Open House

And take advantage of **LCS' Parent Referral Program**

2017-2018

- **\$100 TUITION** voucher issued for the 1st family referred
- **\$150 TUITION** voucher issued for EACH additional family referred

- **\$500 TUITION** voucher issued for EACH referred student who enrolls in the following school year

2018-2019

Feel free to use this invitation below to invite your guests!

Watch your child grow...



- **Scholastically**
- **Socially**
- **Spiritually**
- **In Stature**

We cordially invite

_____ to
(name of guest)

**OPEN
HOUSE**

**November 8, 2017
9:00 am to 11:30 am**

I was invited by

PK-12th Grade



Est. 1960

**Loudonville
Christian School**

For more information, please contact Meg Booth at mbooth@lcs.org

Powder Puff Football

*Thursday,
October 26*



*Girls play
Boys cheer*



Seniors and Sophomores

v.

Juniors and Freshmen



Flu Information

The Flu:

A Guide for Parents



Influenza (also known as flu) is a contagious respiratory illness caused by influenza viruses that infect the nose, throat, and lungs. Flu is different from a cold, and usually comes on suddenly. Each year flu viruses cause millions of illnesses, hundreds of thousands of hospital stays and thousands or tens of thousands of deaths in the United States.

Flu can be very dangerous for children. CDC estimates that since 2010, between 7,000 and 26,000 children younger than 5 years have been hospitalized each year in the United States because of influenza. The flu vaccine is safe and helps protect children from flu.

What parents should know

How serious is flu?

While flu illness can vary from mild to severe, children often need medical care because of flu. Children younger than 5 years and children of any age with certain long-term health problems are at high risk of flu complications like pneumonia, bronchitis, sinus and ear infections. Some health problems that are known to make children more vulnerable to flu include asthma, diabetes and disorders of the brain or nervous system.

How does flu spread?

Flu viruses are thought to spread mainly by droplets made when someone with flu coughs, sneezes or talks. These droplets can land in the mouths or noses of people who are nearby. A person also can get flu by touching something that has flu virus on it and then touching their mouth, eyes, or nose.

What are flu symptoms?

Flu symptoms can include fever, cough, sore throat, runny or stuffy nose, body aches, headache, chills, feeling tired and sometimes vomiting and diarrhea (more common in children than adults). Some people with the flu will not have a fever.



Protect your child

How can I protect my child from flu?

The first and best way to protect against flu is to get a yearly flu vaccine for yourself and your child.

- Flu vaccination is recommended for everyone 6 months and older every year.
- It's especially important that young children and children with certain long-term health problems get vaccinated.
- Caregivers of children at high risk of flu complications should get a flu vaccine. (Babies younger than 6 months are at high risk for serious flu complications, but too young to get a flu vaccine.)
- Pregnant women should get a flu vaccine to protect to protect themselves and their baby from flu. Research shows that flu vaccination protects the baby from flu for several months after birth.
- Flu viruses are constantly changing and so flu vaccines are updated often to protect against the flu viruses that research indicates are most likely to cause illness during the upcoming flu season.

Is flu vaccine safe?

Flu vaccines are made using strict safety and production measures. Millions of people have safely received flu vaccines for decades. Common side effects from the flu shot are soreness where the shot is given, headaches, muscle aches, and fever. These side effects are generally mild and go away on their own within a few days. A flu vaccine cannot cause flu illness. CDC and the American Academy of Pediatrics recommend an annual flu vaccine for all children 6 months and older.

What are the benefits of getting a flu vaccine?

- **A flu vaccine can keep you and your child from getting sick.** When vaccine viruses and circulating viruses are matched, flu vaccination has been shown to reduce the risk of getting sick with flu by about half.
- **Flu vaccines can keep your child from being hospitalized from flu.** One recent study showed that flu vaccine reduced children's risk of flu-related pediatric intensive care unit admission by 74%.

- **Flu vaccine can prevent your child from dying from flu.**

A study using data from recent flu seasons found that flu vaccine reduced the risk of flu-associated death by half among children with high risk medical conditions and by nearly two-thirds among children without medical conditions.

- **Flu vaccination also may make your illness milder if you do get sick.**

- **Getting yourself and your child vaccinated also can protect others** who may be more vulnerable to serious flu illness, like babies and young children, older people, and people with certain long-term health problems.

What are some other ways I can protect my child against flu?

In addition to getting a flu vaccine, you and your child should take everyday actions to help prevent the spread of germs.

Stay away from people who are sick as much as possible to keep from getting sick yourself. If you or your child are sick, avoid others as much as possible to keep from infecting them. Also, remember to regularly cover your coughs and sneezes, wash your hands often, avoid touching your eyes, nose and mouth, and clean surfaces that may be contaminated with flu viruses. These everyday actions can help reduce your chances of getting sick and prevent the spread of germs to others if you are sick. However, a yearly flu vaccine is the best way to prevent flu illness.

If your child is sick

What can I do if my child gets sick?

Talk to your doctor early if you are worried about your child's illness.

Make sure your child gets plenty of rest and drinks enough fluids. If your child is 5 years and older without long-term health problems and gets flu symptoms, including a fever and/or cough, consult your doctor as needed.

Children younger than 5 years of age – especially those younger than 2 years – and children with certain long-term health problems (including asthma, diabetes and disorders of the brain or nervous system), are at high risk of serious flu-related complications. Call your doctor or take your child to the doctor right away if they develop flu symptoms.

What if my child seems very sick?

Even healthy children can get very sick from flu. If your child is experiencing the following emergency warning signs you should go to the emergency room:

- Emergency warning signs of flu:
- Fast breathing or trouble breathing
- Bluish or gray skin color

- Not drinking enough fluids (not going to the bathroom or not making as much urine as they normally do)
- Severe or persistent vomiting
- Not waking up or not interacting
- Being so irritable that the child does not want to be held
- Flu symptoms improve, but then return with fever and worse cough
- Fever with rash



Is there a medicine to treat flu?

Yes. Antiviral drugs are prescription medicines that can be used to treat flu illness. They can shorten your illness and make it milder and they can prevent serious complications that could result in a hospital stay. Antivirals work best when started during the first 2 days of illness. Antiviral drugs are recommended to treat flu in people who are very sick (for example, people who are in the hospital) or people who are at high risk of serious flu complications. Antivirals can be given to children and pregnant women.

How long can a sick person spread flu to others?

People with flu may be able to infect others from 1 day before getting sick to up to 5 to 7 days after. Severely ill people or young children may be able to spread the flu longer, especially if they still have symptoms.

Can my child go to school, day care, or camp if he or she is sick?

No. Your child should stay home to rest and to avoid giving the flu to other children or caregivers.

When can my child go back to school after having the flu?

Keep your child home from school, day care, or camp for at least 24 hours after their fever is gone. (The fever should be gone without the use of a fever-reducing medicine.) A fever is defined as 100°F (37.8°C) or higher.

For more information, visit
www.cdc.gov/flu
 or call 800-CDC-INFO



U.S. Department of
 Health and Human Services
 Centers for Disease
 Control and Prevention